Obesity SIG Advocacy Corner: June 2021

The Div 54 Obesity SIG Advocacy Committee will be sending out advocacy-focused emails monthly. Please contact us if there is anything in particular you would like to see! **Committee Mission:** to utilize the experience and knowledge of Obesity SIG members, and other resources to promote learning how to advocate in various private and public arenas.

Our goal with these emails is that if you <u>open just one</u> link or attachment every month or so, you (and we) will grow a skillset to become strong health advocates.

What is Advocacy?

Health providers must "advocate for the social, economic, educational, and political changes that ameliorate suffering and contribute to human well-being." – AMA (link)

Policy Advocacy Tidbit

- 1. SSB tax summary article LINK
- 2. Did you know the <u>Treat and Reduce Obesity Act</u> is going through Congress? See attachment for an accessible summary.

Community Advocacy Tidbit

Are you engaged in obesity research? How are you pushing for a representative sample of your community or the national community?

Rates of obesity for youth with DD are 38% higher (<u>LINK</u>). Rates of obesity for Hispanic and Blackyouth are 66% higher than white youth (<u>LINK</u>).

Clinic Advocacy Tidbit

Do your clinic chairs, tables, and scales fit people of all sizes?

Strengthen Your Inner-Advocate: Something Quick to Check Out

- 1. Obesity Care Advocacy Network (OCAN)- LINK
- 2. OCAN fact sheet for your State-LINK
- 3. Youth Voices for Healthy Choices- obesity-related podcast hosted by youth!! LINK

Look Forward To

In late fall 2021, the Obesity SIG will host a webinar for education and discussion about the topic: "What is advocacy (for pediatric psychologists)?" Look for info on the SIG and SPP list serves .

Contact Us

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