

Hello Obesity SIG Members, and Happy July!

Please find below the July email newsletter from the Div 54 Obesity SIG Advocacy Committee. Remember to please contact us if there is anything in particular you would like to see!

Committee Mission: *to utilize the experience and knowledge of Obesity SIG members, and other resources to promote learning how to advocate in various private and public arenas.*

Our goal with these emails is that if you open just one link or attachment every month or so, you (and we) will grow a skillset to become strong health advocates.

Advocacy Organization Tidbit

The Obesity Action Coalition (OAC) is 'a national 501(c)3 non-profit organization dedicated to giving a voice to individuals with obesity through education, advocacy and support' – OAC ([LINK](#))

Public Health and Policy Advocacy Tidbit

1. Take a look at the Rockefeller Center's recent report on the 'true cost' of the American food system ([LINK](#))
2. How the UK is approaching policy reform in addressing obesity ([LINK](#))

Community Advocacy Tidbit

1. Check out the podcast from the AMA on addressing disparities in obesity in communities of color ([LINK](#))
2. Highlighted in the LA Times: 'Fat shaming, BMI and alienation: COVID-19 brought new stigma to large-sized people' ([LINK](#))

Medical/Clinical Advocacy Tidbit

'But the new drug will be of little use, she and other doctors who treat obesity say, if it's not also affordable for patients' – NPR ([LINK](#))

Strengthen Your Inner-Advocate:

1. Learn more about how you as a healthcare professional can advocate for your patients with obesity ([LINK](#))
2. Understanding childhood obesity stigma ([LINK](#))

As a reminder of what we're looking forward to:

In late fall 2021, the Obesity SIG will host a webinar for education and discussion about the topic: "What is advocacy (for pediatric psychologists)?" Look for info on the SIG and SPP list serves .

Contact

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