

Hello Obesity SIG Members, and Happy August!

Please find below the August email newsletter from the Div 54 Obesity SIG Advocacy Committee. Remember to please contact us if there is anything in particular you would like to see!

**Committee Mission:** *to utilize the experience and knowledge of Obesity SIG members, and other resources to promote learning how to advocate in various private and public arenas.*

**Our goal with these emails is that if you open just one link or attachment every month or so, you (and we) will grow a skillset to become strong health advocates.**

#### **Public Health and Policy Advocacy Tidbit**

Perceptions of Arguments in Support of Policies to Reduce Sugary Drink Consumption Among Low-Income White, Black and Latinx Parents of Young Children. ([LINK](#))

#### **Community Advocacy Tidbit**

Could we help our Universities and Medical/Nursing Schools engage in anti-weight stigma training, including stimulation exercises? See Seattle University's project: [Dissertation: Reducing Weight Bias: Creating an Anti-Weight Stigma Educational Simulation for Nurse Practitioner Students.](#) ([LINK](#))

#### **Medical/Clinical Advocacy Tidbit**

People of color are at higher risk for complications related to bariatric surgery. We can advocate for tailored attention and risk prevention strategies in our adolescent/YA patients. [Obesity, Race, and Perioperative Complications.](#) ([LINK](#))

**Strengthen Your Inner-Advocate:** Quick things to check out

1. APA Advocacy Guide: ([LINK](#))
2. APA Priority Areas PDF ([LINK](#)) – It may be that just scanning this and starting to decode advocacy lingo is a great next step towards strengthening your inner-advocate.

#### **As a reminder of what we're looking forward to:**

In late fall 2021, the Obesity SIG will host a webinar for education and discussion about the topic: "What is advocacy (for pediatric psychologists)?" Look for info on the SIG and SPP list serves .

#### **Contact**

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